



For a *Bride* as
Unique as You...
Customize your look!



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Ask The Expert!

Q. What can I do to look younger?

A. Healthy skin is an option for everyone. We at **Heartland Dermatology** pride ourselves on providing superior, clinically proven techniques performed by highly trained licensed and certified medical professionals. We offer you many options to obtain your skin care goals. Brandi Lofdahl, RN, BSN, our staff cosmetic nurse, will spend quality time explaining each procedure and answer any questions you may have. Together we can help you decide what treatment options will help you achieve the beautiful skin you deserve.

HEARTLAND DERMATOLOGY COSMETICS

Pleased to offer a free cosmetic consult and skin analysis when booking an appointment.

Our services include:

- Botox®
- Soft Tissue Fillers
- Laser Hair Removal
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bridal beauty secrets

On your wedding day, you want to shine, but not by putting on too much make-up.

By **KATE WOOD**
The Knot

We've asked the experts for their best tips on how to do everything to get the most out of your wedding day hair and makeup.

Whether you're planning to look totally natural or go all-out glam, here's how to...

Fix an eye makeup mishap.

Be extra careful -- once it's smudged, you don't want to make it worse, or you'll have to start over from scratch. Scott

Miselnick, executive director of global product development at

Clinique, suggests moistening a cotton swab with makeup remover and gently dabbing the mistake until it's completely gone. Go slowly so you don't take off too much!

Flatter your face.

Choose a hairstyle that will bring out your best feature,

explains Jamal Hammadi, celebrity hairstylist and founder of Hamadi Beauty.

"For an updo, placing the style between the top of your ear and the top of your eye (like a high ponytail) will enhance the shape of your eyes, while placing it lower (like a chignon) will put the focus more on your lips and neck," he says. See our favorite hairstyles at

TheKnot.com/beauty.

Stave off a breakout.

Right before the wedding is not the time to try out a new skincare regimen. No matter how tired you are, make sure you stick to your cleansing schedule and remove your makeup before you go to bed. If you really need more ammo, try a mask that contains salicylic acid, but make sure



(SHNS photo courtesy The Knot)